



Food Allergen & Sensitivities Guide

Allergens

Sensitivities

Milk	Egg	Peanut	Tree Nuts	Fish	Shellfish	Soy	Wheat	Gluten
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Chicken

Broasted Chicken						o	x	†
Grilled Chicken						•	x	†
Wing Dings						o	x	†
Chicken Tenders						o	x	†
Tender Bites				•	•	o	x	†

Sandwiches

Chicken Sandwich with Broasted Chicken		x				o	x	†
Chicken Sandwich with Grilled Chicken		x				o	x	†
Fish Sandwich with Pub Cod Fillet				x	•	o	x	†
Shack Wrap (Chicken)						o	x	†
Pulled Pork Sandwich						o	x	†

Sandwich Sides and Toppings

Flour Tortilla						o	x	†
Sandwich Bun						o	x	x
Leaf and Shredded Lettuce								
Tomato Slices								
American Cheese	x							

Ribs and Pork

Ribs (without sauce)						•	•	•
Pork Chops						o	x	†

Seafood

Cod Fillet Pub Style	x			x	•	o	x	†
Fish Nugget	x			x	•	o	x	†
English Style Cod	•			x	•	o	x	†
Shrimp	•			•	x		x	†
Catfish	•			x	•	o	x	†

Sides

Broasted Shack Potatoes (no butter)							•	•
French Fries					•	o	x	†
Broasted Shack Mushrooms				•	•	o	x	†
Onion Rings	x				•	o	x	†
Corn (no butter)								
Green Beans (no butter)								
Cole Slaw	•	x				o	•	•
Dinner Rolls	•					o	x	x

Sauces

BBQ							◦		
Honey Mustard		x					◦		
Hot and Spicy							◦		
Ranch	x	x					◦		
Sour Cream	x								
Butter Sauce for Potatoes, Corn & Green Beans							◦	x	x

KEY

x = contains allergen

† = contains ingredient that may cause sensitivity

• = products prepared in common equipment and may contain allergen

◦ = contains soybean oil, which is not indicated as an allergen. According to the Food Allergy & Anaphylaxis Network, studies have shown that most soy-allergic individuals may safely eat most types of soybean oil (foodallergy.org).

Notes:

Suggestions for wheat and gluten sensitive individuals:

- corn, no butter
- green beans, no butter
- lettuce

The information contained here is current as of March 2, 2018. Variations may occur due to differences in suppliers, ingredient substitutions, or recipe revisions.